

# 1 One CONVERSATION™

**THE BIBLE MEETS LIFE:** Parents, today's Bible story told about Daniel and his obedience to God's commands with what he ate. Daniel and his friends honored God with their obedience. How does your family honor God?

KIDS

**BIBLE STUDIES**  
For **LIFE**®



**LEVEL OF BIBLICAL LEARNING**

The Bible teaches how God wants me to live.

**KIDS**



## DANIEL CHOSE TO OBEY

When King Nebuchadnezzar captured Jerusalem, he ordered his officials to find Israelite men who were handsome, strong, smart, and quick to learn. They were to be taken to Babylon. Among those the officials chose were Daniel, Hananiah, Mishael, and Azariah. First, they received Babylonian names. Daniel became Belteshazzar. The others became Shadrach, Meshach, and Abednego.

Because the men were training to work in the palace, they ate the same food the king ate. Most of the men probably enjoyed the royal food and wine.

Daniel was determined not to disobey God's law by eating the king's food. Daniel went to an official and asked, "May my friends and I eat only vegetables and drink water?"

The official was worried. "If you look worse than the other men, the king might kill me!"

Daniel suggested an experiment. He and his friends would eat only vegetables and drink only water for 10 days. At the end of 10 days, the official could decide if he and his friends looked healthy or not. The official agreed. At the end of the 10 days, the four men looked better than all the other men who ate the king's food! The official agreed that Daniel and his friends could continue to eat only vegetables and drink only water.

God gave Daniel and his friends knowledge and understanding. After three years of training and preparation, the king discovered that no one was as smart as or more understanding than Daniel, Shadrach, Meshach, and Abednego. King Nebuchadnezzar chose Daniel and his friends to serve in his court.

—based on Daniel 1:1-20

**LIVE IT OUT:** Daniel honored God with his obedience. Read the following verses and talk about other ways to honor God: Psalm 86:2; Romans 14:6; Revelation 4:11.

### DAILY BIBLE READING:

Sunday: Proverbs 3:6  
Monday: Malachi 3:10  
Tuesday: Malachi 4:6  
Wednesday: Matthew 1:16  
Thursday: Luke 2:33  
Friday: Matthew 16:13  
Saturday: Matthew 1:17

### WEEKLY BIBLE VERSE

Proverbs 3:6

### TAKE IT FURTHER:

Check out the "Daniel Chose to Obey" section of the Bible Studies For Life: Kids Family App.

